

# Packing List

## ♥ Collect before pack

- It's just easy: before you put all your stuff in your luggage, spread it out on your bed or on the floor first. Thus, you get an overview about your things and you can see better what is really important for your trip.

## ♥ Heavy stuff at the bottom

- It's like Tetris: put heavy things like towels, hairdryer, books, bottles or shoes at the bottom first. Sensitive clothes like pants, dresses, blouses or shirts find their place on the top. Socks and undies are great to fill little gaps and free corners in your luggage. You can also put socks in your shoes to maintain the shape of them.

## ♥ Roll instead of fold

- Here comes a tip travelfans swear by: roll your blouses, shirts and pants and put them at the sides of your luggage. That way, your clothes save space and wrinkle less. Backpackers profit from this technique, because you can put the rolled textiles in a vertical position and just reach into what you need.

**Tip:** *If there is still a wrinkle after packing out, just hang the garment in the bathroom when you shower – through the steam your wrinkles are gone without really doing anything. Works like magic!*

## ♥ Stop the flood of plastic

- Don't put shoes or clothes in plastic bags to keep them clean. The best bet are shower caps which you can put over the soles of your shoes. That way, your socks also fit in there and you save space.

## ♥ Combine colors

- The best tip I can give you is to choose three basic colors or similar colors that you can combine. This way, you save space and you always have clothes that fit together.

### ♥ Don't forget your home remedy kit

- Vacation means joy, quiet and relaxation. Thus, many people forget to take their home remedy kit on their trips. So don't forget remedies for fever, pain, colds, bug bites and diarrhea. Bug spray and sun blocker are also a must!

### ♥ Your toiletry bag

- Of course you know to pour your shampoo, shower gel and laundry detergent in little bottles to save space. But you might also know the problem of click locks. If the content leaks out you have a big mess. To avoid this mishap there is an ultimate trick: twist off the click lock, put a bit cling film over the opening and screw the lid on the bottle again.

### ♥ Fresh'n'clean

- If you travel in tropical countries or for a longer period, it might happen that your clothes start to stink after a while. To avoid this musty smell, you can put thin dryer sheets between your garments. They not just neutralize bad odors, but also refresh your luggage with a light scent.

### ♥ The must-haves

- undies for a week
- five pairs of socks
- up to five shirts
- a sweater
- three shorts
- pants
- sunglasses
- two bikinis/swim trunks
- a big and small (microfiber-) towel
- a pair of flip-flops and sandals
- walking shoes or comfy sneakers
- raining jacket/umbrella
- (underwater-) camera

